



Park Rules and Rules of Conduct

1. General

1.1 Instructions must be obeyed.

Visitors must obey all instructions issued by park officers and all the signs displayed in the park. The park management maintains the right to expel any visitor who does not comply with this.

1.2 Risks

Use of the park's rope courses is associated with certain risks. Clothes may be dirtied or damaged. In the event of a fall, the visitor may suffer grazing of the skin or sores and/or bruises caused by climbing belts. Visitors to the park must at all times be secured by means of carabiners. Otherwise, there is a risk of falling which, in extreme cases, can result in death. These risks are, however, minimised provided visitors comply meticulously with these Rules and obey the instructions issued by the park officers.

1.3 Responsibility

Visitors use the rope courses autonomously and are responsible for themselves. Visitors who cause any danger for themselves or others or frighten others will be expelled from the park.

1.4 Insurance and liability:

It is up to visitors to arrange insurance. They must make sure that they have adequate insurance coverage against illness and accidents. Visitors use the rope park at their own risk and peril.

1.5 Legal provisions

Swiss law is applicable throughout. Jurisdiction is with the courts of Flims.

1.6 Partner check

It is only permitted to use the rope courses in groups of two or three. "Partner check" is the term used to describe the reciprocal check two visitors make of one another before and during their use of the rope courses. This "partner check" is comprised of a visual inspection, complemented, where necessary, by an additional manual check.

1.7 Admission charges

The admission charge covers use of the equipment for a maximum period of four hours, including the compulsory test, the practice rope course, supervision by the park officers and use of the rope courses themselves.

1.8 Safety equipment

It is strictly prohibited to hand the items of equipment to any third person. If the equipment (climbing belt) is taken off, for instance when going to the toilet, its correct fit must be checked again by a park officer before the visitor sets out on another rope course.

1.9 Awareness-modifying substances

It is prohibited to use the rope courses under the influence of alcohol, drugs or medicines.

1.10 Refuse

It is strictly prohibited to throw objects or any form of refuse to the ground. For this reason, smoking, eating and drinking are prohibited inside the rope courses.

2. Conditions for Using the Rope Courses

2.1 General conditions

2.1.1 Footwear

Visitors must wear closed shoes (gym shoes or walking shoes) when using the rope courses. It is not permitted to wear dresses or skirts.

2.1.2 Long hair

For safety reasons (rope pulleys), visitors with long hair must tie up their hair and/or wear a hair net.

2.1.3 Maximum body weight

The maximum permitted body weight for visitors using the rope courses is 120 kg (in other words: 240 "metric pounds" or 18 stones or 265 pounds (lb) using the British system of weights).

2.1.4 Children under the age of 18 years

Children under the age of 18 years must present the written consent of a parent/guardian before setting out on the rope courses.

2.1.5 Choice of rope course

- Children aged four to eight years with a minimum vertical reach of 100 cm are permitted to use the Children's Rope Course A. **An accompanying person must supervise the child while he or she is on the Children's Rope Course and must be able to intervene verbally at any time.**

- Persons aged from 6 to 12 years and having a height of at least 120 cm are permitted to use the Rope Courses B–D provided they are accompanied by an adult (a person aged 18 years or older).

- Persons aged from 12 to 14 years are permitted to use the Rope Courses B–D provided they are supervised from ground level by an accompanying adult (a person aged 18 years or more) and are also permitted to use the Rope Courses E–G provided they are accompanied by an adult (a person aged 18 years or older).*

- Persons aged from 14 to 16 years are permitted to use the Rope Courses B–D without an accompanying person and are also permitted to use the Rope Courses E–G provided they are accompanied by an adult (a person aged 18 years or older).*

- Persons aged 16 years and older are permitted to use all the rope courses without the accompaniment of an adult.*

***Users of the Rope Courses E–G must also have a minimum vertical reach of at least 180 cm.**

The minimum vertical reach is measured with outstretched arms.

We recommend all visitors to Hochseilpark Flims to commence with Rope Course B before attempting the other rope courses.

Degrees of difficulty:

- Rope Course B easy

- Rope Courses C and D moderate

- Rope Courses E, F and G difficult

2.2 Rope Courses B-F

2.2.1 Reading and understanding all the Park Rules

Every park visitor must have read and understood all the Park Rules before setting out on any of the rope courses.

2.2.2 Test and practice rope course

Before setting out on any of the rope courses, every visitor must take the theoretical test and must complete the practice rope course without making any mistakes at least once a year.

2.2.3 Accompaniment

Children under the age of 14 years must be accompanied by an adult (whereby each adult is allowed to have charge of a maximum of four children). If visitors are unable to provide an accompanying adult, Hochseilpark Flims will, if possible, make one of its employees available as an accompanying person (visitors must make such a request in advance and must pay an additional charge of CHF 100 per hour).

3. Conduct on the Rope Courses

3.1 Always secured

While the visitor is on the rope course, at least one carabiner must be fastened to the safety rope at all times.

Park visitors are not allowed to be unsecured anywhere inside the rope courses at any time. If park officers see any park visitors who are not secured, these will be expelled from the park immediately.

3.2 Fixed directions

It is only permitted to go round each rope course in the one direction indicated.